

What is GAP ?

The Growth Assessment Protocol is a standardised clinical care pathway to monitor fetal growth during pregnancy and reduce the risk of stillbirth due to undetected fetal growth restriction.

GAP provides a structured approach using personalised charts and clear clinical guidelines to improve detection and management of babies at risk.

Why does it matter ?

Detecting risk of fetal growth restriction can prompt investigations (closer monitoring, Doppler) and/or intervention (timely delivery).

GAP is a multi-award-winning programme which, when properly implemented, has been shown to reduce stillbirth rates related to fetal growth restriction.



GAP's five key elements

History, identification of risk factors

Serial fundal height measurement in low risk pregnancies

Serial ultrasound scans in high risk pregnancies

Doppler assessment as required

Monitoring performance and benchmarking



GAP supports Trusts to fulfil aims of Saving Babies Lives (SBL):

SBL Care Bundle Element 2



Guidance / algorithm

Training and competency assessment

Referral recommendations

Audit tools

Regular reports and benchmarking

Interactive dashboard

Clinical helpdesk and support

GAP Programme

